

IF IN DOUBT, CHECK IT OUT

DID YOU KNOW THAT WITH EVERY MOVEMENT YOUR BABY MAKES, YOUR BABY IS LEARNING AND DEVELOPING?



0 to 3 mths
learning head
control



3 to 6 mths
learning to
roll and reach



6 to 9 mths
independent
sitting



9 to 12 mths
crawling and
pulling to standing



12 to 18 mths
cruising and
walking



18 mths to 2 yrs
confident
walker



2 to 3 yrs
confident walker
and starting to run



IF YOU HAVE ANY CONCERNS ABOUT YOUR CHILD, PLEASE TELL YOUR DOCTOR OR HEALTH VISITOR:

- Feeling floppy, stiff or a combination of both
- Not kicking legs or moving arms and legs up when lying down
- Not bringing hands together
- Not using one side of their body as much as the other
- Distressed by or not reacting to movement, touch, sound or smell
- Not making eye contact or following movements with their head and eyes
- Difficulty feeding or swallowing

Your child, their future

